

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: TSZ

Coachinfo: Warming up from: 07:30 untill 08:35. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Guldentops Kevin

Coaches: Verluyten Philippe

Coaches: Michiels Hans HEADCOACH

Coaches: Hanssens Yash

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:1, starttime: 08:45
Heat: 1/19 Lane : 6 Athlete: BOODTS GERBEN			Q-time: 99:99:99
PB (50m pool): 01:23.94 Lago Gent Rozebroeken 07/05/2023 PB (25m pool): 01:16.48 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	01:23.94	
	no time		
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:2, starttime: 08:48
Heat: 2/19 Lane : 1 Athlete: MICHIELS SIBE			Q-time: 99:99:99
PB (50m pool): 01:38.38 Lago Gent Rozebroeken 07/05/2023 PB (25m pool): 01:15.24 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	01:38.38	
	no time		
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:4, starttime: 08:53
Heat: 4/19 Lane : 7 Athlete: EVERAERT MATTHIEU			Q-time: 01:48:21
PB (50m pool): 01:48.21 Lochristi 01/02/2026 PB (25m pool): 01:45.18 SB: 01:48.21 Lochristi 01/02/2026			
	5 0 M	1 0 0 M	
PB	no time	01:48.21	
	no time		
			

Coach feedback:

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Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:4, starttime: 08:53
Heat: 4/19 Lane : 9 Athlete: EL BOUJADDAYNI YAHYA			Q-time: 01:50:68
PB (50m pool): 01:50.68 Antwerpen 15/03/2026			PB (25m pool): 01:54.37 SB: 01:50.68 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:55.26	01:50.68	
	00:55.26	00:55.42	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:5, starttime: 08:55
Heat: 5/19 Lane : 7 Athlete: OSSELAER VAN NIEUWENHUYZE KIAN			Q-time: 01:42:65
PB (50m pool): 01:42.65 Gent 08/02/2026			PB (25m pool): 01:39.76 SB: 01:42.65 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:48.77	01:42.65	
	00:48.77	00:53.88	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:7, starttime: 08:59
Heat: 7/19 Lane : 4 Athlete: RENDERS KLAAS			Q-time: 01:33:81
PB (50m pool): 01:33.81 Lochristi 01/02/2026			PB (25m pool): 01:33.80 SB: 01:33.81 Lochristi 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:33.81	
	no time		
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:9, starttime: 09:03
Heat: 9/19 Lane : 2 Athlete: VANDEPUTTE WOUT			Q-time: 01:29:17
PB (50m pool): 01:29.17 Wezenberg 04/01/2026			PB (25m pool): 01:26.75 SB: 01:29.17 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:41.76	01:29.17	
	00:41.76	00:47.41	
			

Coach feedback:

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Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:10, starttime: 09:05
Heat: 10/19 Lane : 0 Athlete: BOEL LIAM			Q-time: 01:26:77
PB (50m pool): 01:26.77 Wezenberg 03/01/2026			PB (25m pool): 01:26.01 SB: 01:26.77 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:39.99	01:26.77	
	00:39.99	00:46.78	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:10, starttime: 09:05
Heat: 10/19 Lane : 8 Athlete: AERENS JEF			Q-time: 01:26:50
PB (50m pool): 01:26.50 Antwerpen 08/03/2026			PB (25m pool): 01:22.82 SB: 01:26.50 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:40.51	01:26.50	
	00:40.51	00:45.99	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:12, starttime: 09:09
Heat: 12/19 Lane : 3 Athlete: SCHRAUWEN BJARNE			Q-time: 01:21:51
PB (50m pool): 01:21.51 Lochristi 01/02/2026			PB (25m pool): 01:16.66 SB: 01:21.51 Lochristi 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:21.51	
	no time		
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:13, starttime: 09:10
Heat: 13/19 Lane : 9 Athlete: KARER MALIK			Q-time: 01:20:65
PB (50m pool): 01:19.39 Antwerpen 19/04/2026			PB (25m pool): 01:17.63 SB: 01:19.39 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:37.03	01:19.39	
	00:37.03	00:42.36	
			

Coach feedback:

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Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:14, starttime: 09:12
Heat: 14/19 Lane : 1 Athlete: EL BOUJADDAYNI DAOUD			Q-time: 01:19:27
PB (50m pool): 01:18.71 Antwerpen 19/04/2026			PB (25m pool): 01:16.88 SB: 01:18.71 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:37.21	01:18.71	
	00:37.21	00:41.50	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE MEN 11+			Heat:17, starttime: 09:17
Heat: 17/19 Lane : 6 Athlete: SCIACCA LEANDRO			Q-time: 01:09:09
PB (50m pool): 01:09.09 Luxembourg 01/02/2026			PB (25m pool): 01:07.92 SB: 01:09.09 Luxembourg 01/02/2026
	5 0 M	1 0 0 M	
PB	00:32.23	01:09.09	
	00:32.23	00:36.86	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:5, starttime: 09:33
Heat: 5/18 Lane : 8 Athlete: LALOO FÉLINE			Q-time: 01:44:30
PB (50m pool): 01:44.30 Mol 22/06/2025			PB (25m pool): 01:44.02 SB: 01:46.56 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:50.38	01:44.30	
	00:50.38	00:53.92	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:10, starttime: 09:43
Heat: 10/18 Lane : 5 Athlete: DEBRABANDERE LEONIE			Q-time: 01:33:98
PB (50m pool): 01:33.22 Gent (Rozebroeken) 03/03/2024			PB (25m pool): 01:23.22 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:33.22	
	no time		
			

Coach feedback:

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Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:12, starttime: 09:47
Heat: 12/18 Lane : 1 Athlete: VAN BUNDER INEZ			Q-time: 01:31:78
PB (50m pool): 01:31.78 Antwerp 26/01/2025			PB (25m pool): 01:28.79 SB: no time
	5 0 M	1 0 0 M	
PB	00:43.05	01:31.78	
	00:43.05	00:48.73	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:12, starttime: 09:47
Heat: 12/18 Lane : 5 Athlete: VERLUYTEN NIENE			Q-time: 01:30:94
PB (50m pool): 01:30.94 Wezenberg 05/01/2025			PB (25m pool): 01:25.48 SB: no time
	5 0 M	1 0 0 M	
PB	00:42.64	01:30.94	
	00:42.64	00:48.30	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:14, starttime: 09:51
Heat: 14/18 Lane : 2 Athlete: WAELPUT ELODIE			Q-time: 01:26:86
PB (50m pool): 01:25.13 Antwerpen 21/07/2024			PB (25m pool): 01:22.49 SB: 01:30.81 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	no time	01:25.13	
	no time		
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:14, starttime: 09:51
Heat: 14/18 Lane : 5 Athlete: MURAT IREM			Q-time: 01:26:36
PB (50m pool): 01:26.36 Lochristi 01/02/2026			PB (25m pool): 01:22.68 SB: 01:26.36 Lochristi 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:26.36	
	no time		
			

Coach feedback:

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Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:15, starttime: 09:53
Heat: 15/18 Lane : 2 Athlete: DERRE FLEUR			Q-time: 01:24:84
PB (50m pool): 01:24.84 Antwerpen 08/03/2026			PB (25m pool): 01:26.35 SB: 01:24.84 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:40.10	01:24.84	
	00:40.10	00:44.74	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:15, starttime: 09:53
Heat: 15/18 Lane : 3 Athlete: VERLUYTEN LENI			Q-time: 01:24:67
PB (50m pool): 01:24.67 Wezenberg 05/01/2025			PB (25m pool): 01:19.92 SB: 01:25.33 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:39.49	01:24.67	
	00:39.49	00:45.18	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:15, starttime: 09:53
Heat: 15/18 Lane : 4 Athlete: STESENS EMMA-LOUISE			Q-time: 01:24:60
PB (50m pool): 01:24.60 Wezenberg 05/01/2025			PB (25m pool): 01:17.90 SB: no time
	5 0 M	1 0 0 M	
PB	00:39.52	01:24.60	
	00:39.52	00:45.08	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:16, starttime: 09:55
Heat: 16/18 Lane : 1 Athlete: VAN BUNDER AMY			Q-time: 01:23:36
PB (50m pool): 01:23.36 Antwerpen 20/04/2025			PB (25m pool): 01:19.22 SB: no time
	5 0 M	1 0 0 M	
PB	00:39.08	01:23.36	
	00:39.08	00:44.28	
			

Coach feedback:

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Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:16, starttime: 09:55
Heat: 16/18 Lane : 4 Athlete: LAGEY LISELOTTE			Q-time: 01:12:94
PB (50m pool): no time PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+			Heat:17, starttime: 09:56
Heat: 17/18 Lane : 2 Athlete: DE JONG SUZAN			Q-time: 01:21:42
PB (50m pool): 01:19.27 Antwerpen 19/04/2026 PB (25m pool): 01:16.02 SB: 01:19.27 Antwerpen 19/04/2026			
	5 0 M	1 0 0 M	
PB	00:37.81	01:19.27	
	00:37.81	00:41.46	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:5, starttime: 10:09
Heat: 5/14 Lane : 4 Athlete: DE JONG STAN			Q-time: 01:20:33
PB (50m pool): 01:20.33 Wezenberg 03/01/2026 PB (25m pool): 01:19.38 SB: 01:20.33 Wezenberg 03/01/2026			
	5 0 M	1 0 0 M	
PB	00:35.38	01:20.33	
	00:35.38	00:44.95	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:5, starttime: 10:09
Heat: 5/14 Lane : 8 Athlete: EL BOUJADDAYNI DAOUD			Q-time: 01:24:87
PB (50m pool): 01:24.87 Wezenberg 03/01/2026 PB (25m pool): 01:24.23 SB: 01:24.87 Wezenberg 03/01/2026			
	5 0 M	1 0 0 M	
PB	00:37.33	01:24.87	
	00:37.33	00:47.54	
			

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:8, starttime: 10:14
Heat: 8/14 Lane : 9 Athlete: SCIACCA EMILIO			Q-time: 01:13:12
PB (50m pool): 01:12.49 Antwerpen 19/04/2026			PB (25m pool): 01:10.95 SB: 01:12.49 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:33.98	01:12.49	
	00:33.98	00:38.51	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:10, starttime: 10:18
Heat: 10/14 Lane : 7 Athlete: MICHIELS SIBE			Q-time: 01:07:46
PB (50m pool): 01:04.50 Antwerpen 19/04/2026			PB (25m pool): 01:02.35 SB: 01:04.50 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:29.84	01:04.50	
	00:29.84	00:34.66	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:10, starttime: 10:18
Heat: 10/14 Lane : 9 Athlete: SCHRAUWEN BJARNE			Q-time: 01:09:04
PB (50m pool): 01:09.04 Wezenberg 03/01/2026			PB (25m pool): 01:11.40 SB: 01:09.04 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:32.28	01:09.04	
	00:32.28	00:36.76	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:11, starttime: 10:19
Heat: 11/14 Lane : 0 Athlete: SCIACCA LEANDRO			Q-time: 01:05:78
PB (50m pool): 01:05.78 Antwerpen 08/03/2026			PB (25m pool): 01:04.19 SB: 01:05.78 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:30.28	01:05.78	
	00:30.28	00:35.50	
			

Coach feedback:

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Event number: 3: 100M BUTTERFLY MEN 11+			Heat:12, starttime: 10:21
Heat: 12/14 Lane : 6 Athlete: BOODTS GERBEN			Q-time: 01:00:97
PB (50m pool): 01:00.97 Antwerpen 22/03/2026			PB (25m pool): 01:01.11 SB: 01:00.97 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:28.65	01:00.97	
	00:28.65	00:32.32	
			

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+			Heat:13, starttime: 10:22
Heat: 13/14 Lane : 2 Athlete: WAELPUT THOMAS			Q-time: 01:02:34
PB (50m pool): 01:02.34 Mol 22/06/2025			PB (25m pool): 01:00.35 SB: 01:04.25 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:29.28	01:02.34	
	00:29.28	00:33.06	
			

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:6, starttime: 10:35
Heat: 6/11 Lane : 4 Athlete: DERRE FLEUR			Q-time: 01:18:07
PB (50m pool): 01:18.07 Antwerpen 20/07/2025			PB (25m pool): 01:13.18 SB: no time
	5 0 M	1 0 0 M	
PB	00:37.16	01:18.07	
	00:37.16	00:40.91	
			

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:8, starttime: 10:39
Heat: 8/11 Lane : 2 Athlete: VERLUYTEN LENI			Q-time: 01:15:18
PB (50m pool): 01:11.90 Antwerp 28/01/2024			PB (25m pool): 01:10.15 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:11.90	
	no time		
			

Coach feedback:

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Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:8, starttime: 10:39
Heat: 8/11 Lane : 5 Athlete: SCHELFAUT NELL			Q-time: 01:15:13
PB (50m pool): 01:15.13 Eindhoven 16/03/2025			PB (25m pool): 01:13.96 SB: 01:15.25 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:34.77	01:15.13	
	00:34.77	00:40.36	
			

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:9, starttime: 10:41
Heat: 9/11 Lane : 1 Athlete: DEBRABANDERE LEONIE			Q-time: 01:12:30
PB (50m pool): 01:11.56 Antwerpen 19/04/2026			PB (25m pool): 01:08.94 SB: 01:11.56 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:33.36	01:11.56	
	00:33.36	00:38.20	
			

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:9, starttime: 10:41
Heat: 9/11 Lane : 3 Athlete: VAN BUNDER AMY			Q-time: 01:08:42
PB (50m pool): 01:08.42 Antwerpen 08/03/2026			PB (25m pool): 01:06.88 SB: 01:08.42 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:31.64	01:08.42	
	00:31.64	00:36.78	
			

Coach feedback:

Event number: 4: 100M BUTTERFLY WOMEN 11+			Heat:11, starttime: 10:44
Heat: 11/11 Lane : 0 Athlete: WAELPUT ELODIE			Q-time: 01:13:20
PB (50m pool): 01:13.20 Wezenberg 03/01/2026			PB (25m pool): 01:11.72 SB: 01:13.20 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:33.77	01:13.20	
	00:33.77	00:39.43	
			

Coach feedback:

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Event number: 4: 100M BUTTERFLY WOMEN 11+				Heat:11, starttime: 10:44	
Heat: 11/11 Lane : 2 Athlete: VAN BUNDER INEZ				Q-time: 01:09:16	
PB (50m pool): 01:08.91 Antwerpen 19/04/2026				PB (25m pool): 01:07.60 SB: 01:08.91 Antwerpen 19/04/2026	
	5 0 M	1 0 0 M			
PB	00:32.90	01:08.91			
	00:32.90	00:36.01			
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:1, starttime: 10:46	
Heat: 1/12 Lane : 5 Athlete: DE JONG STAN					Q-time: 99:99:99	
PB (50m pool): no time					PB (25m pool): 02:31.87 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	no time	no time	no time	no time		
	no time					
						

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:4, starttime: 11:00	
Heat: 4/12 Lane : 6 Athlete: VANDEPUTTE WOUT					Q-time: 99:99:99	
PB (50m pool): 03:22.98 Lago Gent Rozebroeken 07/05/2023					PB (25m pool): 02:45.02 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	no time	no time	no time	03:22.98		
	no time					
						

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:5, starttime: 11:04	
Heat: 5/12 Lane : 0 Athlete: EVERAERT MATTHIEU					Q-time: 03:53:15	
PB (50m pool): 03:53.15 WACHTEBEKE 19/01/2025					PB (25m pool): 03:22.88 SB: no time	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	no time	01:54.48	no time	03:53.15		
	no time					
						

Coach feedback:

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Event number: 5: 200M BACKSTROKE MEN 11+					Heat:6, starttime: 11:09
Heat: 6/12 Lane : 1 Athlete: KARER MALIK					Q-time: 03:00:53
PB (50m pool): 03:00.53 La Louvière 25/05/2025					PB (25m pool): 02:49.56 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.93	01:28.56	02:15.01	03:00.53	
	00:42.93	00:45.63	00:46.45	00:45.52	
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:7, starttime: 11:13
Heat: 7/12 Lane : 8 Athlete: AERENS JEF					Q-time: 02:53:39
PB (50m pool): 02:53.39 La Louvière 25/05/2025					PB (25m pool): 02:56.05 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.16	01:26.62	02:10.16	02:53.39	
	00:42.16	00:44.46	00:43.54	00:43.23	
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:8, starttime: 11:16
Heat: 8/12 Lane : 4 Athlete: RENDERS KLAAS					Q-time: 02:41:02
PB (50m pool): 02:39.51 Antwerpen 19/04/2026					PB (25m pool): 02:33.23 SB: 02:39.51 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.31	01:19.77	02:00.99	02:39.51	
	00:38.31	00:41.46	00:41.22	00:38.52	
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:8, starttime: 11:16
Heat: 8/12 Lane : 8 Athlete: SCIACCA EMILIO					Q-time: 02:47:83
PB (50m pool): 02:47.83 Antwerpen 20/04/2025					PB (25m pool): 02:44.80 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.43	01:22.01	02:05.55	02:47.83	
	00:39.43	00:42.58	00:43.54	00:42.28	
					

Coach feedback:

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Event number: 5: 200M BACKSTROKE MEN 11+					Heat:9, starttime: 11:20
Heat: 9/12 Lane : 0 Athlete: BOEL LIAM					Q-time: 02:40:15
PB (50m pool): 02:40.15 Wezenberg Topsportbad, Antwerp 18/09/25 PB (25m pool): 02:30.63 SB: 02:40.47 Lochristi 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:17.93	no time	02:40.15	
	no time				
					

Coach feedback:

Event number: 5: 200M BACKSTROKE MEN 11+					Heat:12, starttime: 11:30
Heat: 12/12 Lane : 2 Athlete: WAELPUT THOMAS					Q-time: 02:18:33
PB (50m pool): 02:18.33 Antwerpen 27/04/2025 PB (25m pool): 02:10.77 SB: 02:20.74 Luxembourg 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.34	01:07.46	01:42.60	02:18.33	
	00:32.34	00:35.12	00:35.14	00:35.73	
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:15, starttime: 12:30
Heat: 15/16 Lane : 2 Athlete: SCHELFAUT NELL					Q-time: 02:36:26
PB (50m pool): 02:36.26 Antwerpen 27/07/2025 PB (25m pool): 02:31.98 SB: 02:41.54 Antwerpen 19/04/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.44	01:15.79	01:56.31	02:36.26	
	00:36.44	00:39.35	00:40.52	00:39.95	
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:16, starttime: 12:34
Heat: 16/16 Lane : 1 Athlete: STESENS EMMA-LOUISE					Q-time: 02:30:83
PB (50m pool): 02:30.15 Antwerpen 19/04/2026 PB (25m pool): 02:27.63 SB: 02:30.15 Antwerpen 19/04/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.44	01:14.07	01:53.82	02:30.15	
	00:35.44	00:38.63	00:39.75	00:36.33	
					

Coach feedback:

FIRST Swim Meeting: Session: 1: COACH evaluation sheet for TEAM: TSZ

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:16, starttime: 12:34
Heat: 16/16 Lane : 7 Athlete: DE JONG SUZAN					Q-time: 02:30:11
PB (50m pool): 02:30.11 Antwerpen 08/03/2026			PB (25m pool): 02:28.17 SB: 02:30.11 Antwerpen 08/03/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.66	01:13.18	01:52.04	02:30.11	
	00:34.66	00:38.52	00:38.86	00:38.07	
					

Coach feedback:

Event number: 6: 200M BACKSTROKE WOMEN 11+					Heat:16, starttime: 12:34
Heat: 16/16 Lane : 9 Athlete: VERLUYTEN NIENE					Q-time: 02:32:86
PB (50m pool): 02:32.86 Antwerpen 08/03/2026			PB (25m pool): 02:28.86 SB: 02:32.86 Antwerpen 08/03/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.26	01:13.75	01:53.68	02:32.86	
	00:35.26	00:38.49	00:39.93	00:39.18	
					

Coach feedback: